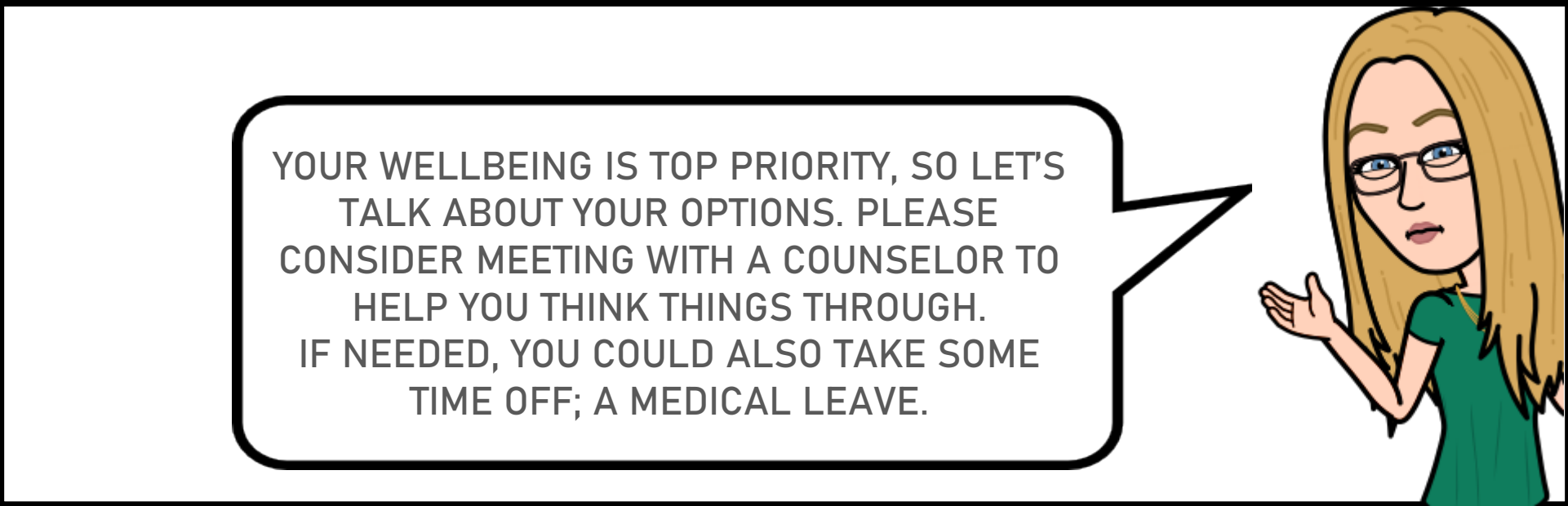
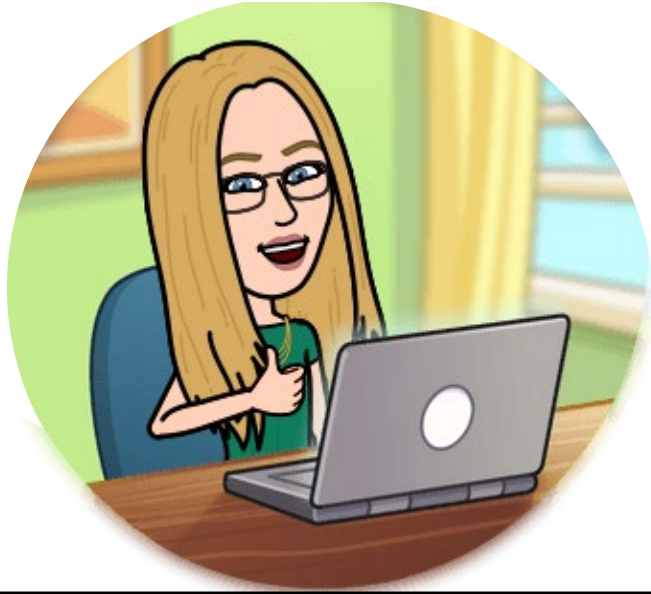




I HAVEN'T BEEN FEELING WELL. I'M OVERWHELMED. I'M HAVING TROUBLE KEEPING UP WITH MY SCHOOL WORK. I'M NOT SURE WHAT TO DO.



YOUR WELLBEING IS TOP PRIORITY, SO LET'S TALK ABOUT YOUR OPTIONS. PLEASE CONSIDER MEETING WITH A COUNSELOR TO HELP YOU THINK THINGS THROUGH. IF NEEDED, YOU COULD ALSO TAKE SOME TIME OFF; A MEDICAL LEAVE.



INTERNATIONAL STUDENTS MUST BE FULL-TIME ENROLLED EACH TERM (INCLUDING SUMMER FOR PHD STUDENTS), BUT IMMIGRATION ALLOWS A LITTLE TIME OFF IF NEEDED FOR ONE'S PHYSICAL OR MENTAL HEALTH.



ABSOLUTELY! NEXT, TALK WITH YOUR DEAN'S OFFICE ABOUT TAKING A TERM OFF, THEN LET US KNOW WHAT YOU DECIDE.

THANK YOU. IT'S GOOD TO KNOW THAT I HAVE OPTIONS.

